

BIKE TO SCHOOL CHALLENGE



THE RACE
TO JOHANNESBURG

11 JUNE TO 11 JULY 2010

cycle derby

How to Guide



DERBY CITY COUNCIL



This year the Bike to School Challenge From 11 June - 11 July will be an energetic and exciting combination of two major sporting events, the National Bike Week 19 - 27 June and the 2010 FIFA World Cup in South Africa. To capture the spirit of these important occasions, the Bike to School Challenge 2010 will involve the pupils of Derby biking to school and tracking their journeys on a map from Derby city centre all the way to Johannesburg, a total of 9250km, hopefully arriving in time for the World Cup Final on Sunday 11 July!

Every school will be nominated a specific country to support during the world cup, there will be fun facts to find out about the country along the way and everyone from nursery to Year 6 and even staff can jump on their bikes or scooters to take part. There are prizes to be won, so read on and find out how your school can 'join the adventure'.



To organise the Bike to School Challenge you will need:

Bike to School Challenge pack containing:

- Map poster - one per school
- World Cup Fixture poster - one per school
- Class Chart - one per class
- How to guide - one per class
- National Flag for nominated country
- Stickers
- Posters





set up!

Decide how the Bike to School Challenge will take place

1 Every day over the four weeks

Or

On designated day/days per week, for example every Tuesday and Thursday

Or

For designated year groups per day of the week, for example Year 1 on Monday, Year 2 Tuesday (this can help with bike storage issues especially in infant schools)

2 Photocopy the national flag for each class to colour in and decorate classrooms

3 Give each class a Class Bike Challenge Chart to hang up and fill in pupil and staff names

4 Hang the World Cup Fixture Chart, the map poster and the School Bike Challenge Chart up in a central and accessible location

5 Promote in assembly, school website and newsletters sent home

6 Get started on Friday 11 June and start counting the journeys!



Counting the Class Journeys

- Every time a child bikes or scoots to school on a 'Bike to School Challenge' day, they tick their name on their Class Chart
- Add the Class Chart totals up daily
- Add the Class Chart daily totals up at the end of each week to be transferred to the School Map

The image shows a 'Class Chart' and a 'School Map'. The Class Chart is a grid with columns for 'NAME' and 'WEEK 1' through 'WEEK 4'. The School Map is a map of the world with a route from the UK to Johannesburg marked. The text on the map says 'THE RACE TO JOHANNESBURG 11 JUNE 2010 - 11 JULY 2010' and 'Visit www.cyclederby.co.uk/schoolchallenge to log your totals'.



Counting the School Journeys

- This is where the buzz about the project will really be created, as the whole school collectively travels to Johannesburg by bike!
- The journey over the whole map is split into kilometres.
- Using the information below, complete the '1 bike to school = _____ km' on the School Map depending on the size of your school
- **Small schools (up to 200 pupils) 1 bike to school = 20 km**
- **Medium schools (200 - 400 pupils) 1 bike to school = 10 km**
- **Big schools (400+ pupils) 1 bike to school = 5km**
- Collect the bike to school numbers for every class at the end of each week and enter them onto the 'Weekly Totals' on the School Map.
- Mark journey progress on the map using the '1 bike to school = _____ km' to convert bike journeys to distance
- Journey progress to Johannesburg can be announced in assembly once a week





Register Progress Online

For your school journeys to be counted in the citywide Bike to School Challenge you will need to register your school online at www.cyclederby.co.uk/schoolchallenge. Each week you will be able to track your progress against other schools in the city to see who's closing in on Johannesburg.

Once you sign up you will have a username and password so at the end of each week you can log the total number of kilometers your school has cycled. The winner will be the school who have reached or are closest to Johannesburg by midnight on 10 July – to enjoy the world cup final the following day.

***Weekly Totals need to be logged before midnight on Saturdays which are: 19 June, 26 June, 3 July and 10 July.**



Prizes to be won!

There are lots of fantastic prizes to be won by taking part in the Bike to School Challenge 2010:

1



2



3



4



First to reach Johannesburg - The first school to reach Johannesburg according to the Cycle Derby website will receive:

- £250 sports equipment voucher
- a brand new bike that can be awarded by the school to one of the pupils that took part in the Bike to School Challenge
- Junior/Primary schools - a visit from the Cycle Derby team with the new 'Bike Pod'. The Pod is a Cycle Maximus (an electric assist load carrying bike) with a trailer that holds up to 15 weird and wonderful bikes, including a tandem, a penny farthing and a good old fashioned chopper! The day also involves learning about bike parts, fixing punctures and home to school route planning.
- Infant Schools - A visit from the Cycle Derby 'Scootability' team to run fun playground sessions on scooters and bikes for reception and Year 2.



First out of the Hat!

All other schools that take part in the Bike to School challenge according to the Cycle Derby website will be entered into a draw for a chance to win:

- A brand new sports strip for the school football team! The shorts and tops will be provided in school colours, appropriate sizes and can have the school logo included.
- The draw will take place on Monday 12 July, 2010.

Good Luck!

We hope you all enjoy the adventure